



Oklahoma City Public Schools
ATHLETICS

NOTIFICATION OF CURRENT COVID-19 PROTOCOL SPECIFICS AS OF MAY 26, 2020

In order to insure the safety of all, the following protocol must be in place at Oklahoma City Public Schools. The situation surrounding COVID-19 is fluid and adjustments may need to be made.

**During each phase each person, each day of attendance
in each activity must complete a COVID-19 Screening form.**

Vulnerable individuals should not oversee or participate in any workouts during any phase.

Coaches and athletes must provide their own masks.

PHASE ONE—JUNE 8, 2020 THROUGH JUNE 26, 2020

On June 8, 2020 Oklahoma City Public Schools coaches may have face-to-face contact with secondary level students using the provisions provided below. No team practice is permitted. No camps, clinics, or leagues may be conducted. Strength and conditioning is permitted.

INDOORS

WEIGHT ROOM

- Each person entering the facility must have their temperature checked upon arrival. Any individual with a temperature registering 100.4 degrees or above must not be permitted to stay
- Hands must be washed or hand sanitizer used prior to entering the facility and touching any equipment
- Locker rooms and/or restrooms if opened must be sanitized before use and at the conclusion of the workout
- 2 people maximum on any one piece of equipment
- Spotters must wear a mask or cloth face covering
- Social distancing requirements must be followed; the total number allowed in a weight room must comply with social distancing requirements (exception: a spotter should be permitted to safely spot)
- Any equipment used including weights, balls, bats, helmets, etc. must be disinfected appropriately with use
- No shared hydrating bottles, towels, gloves, or any other personal equipment is permitted
- Coaches or other supervisory adults must wear a mask or cloth face covering

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GYM/INDOOR FACILITY

- Each person entering the facility must have their temperature checked upon arrival. Any individual with a temperature registering 100.4 degrees or above must not be permitted to stay
- Hands must be washed or hand sanitizer used prior to entering the facility and before beginning any drills or handling of equipment
- Locker rooms and/or restrooms if opened must be sanitized before use and at the conclusion of the workout
- Social distancing guidelines must be followed
- No shared hydrating bottles, towels, gloves, or any other personal equipment is permitted
- Any equipment used to include weights, balls, bats, helmets, etc. must be disinfected appropriately with use
- No scrimmaging or one-on-one
- Coaches or other supervisory adults must wear a mask or cloth face covering

OUTDOORS

- Each person entering the facility must have their temperature checked upon arrival. Any individual with a temperature registering 100.4 degrees or above must not be permitted to stay
- Hands must be washed or hand sanitizer used prior to handling of equipment
- Locker rooms and/or restrooms, if opened, must be sanitized before use and at the conclusion of the workout
- Social distancing guidelines must be followed
- No shared helmets or equipment worn on the head including facemasks
- No shared hydrating bottles, towels, gloves, or any other personal equipment is permitted
- Any equipment used including balls, bats, helmets, etc. must be disinfected appropriately with use
- Coaches or other supervisory adults must wear a mask or cloth face covering

DEAD PERIOD: June 27 - July 5 – no contact between coaches or players. No school facilities may be used by any secondary level students or coaches.

*****Subject to change depending on decisions made at the June 9, 2020, OSSAA Board Meeting*****

PHASE TWO—JULY 6, 2020 THROUGH JULY 15, 2020

Team camps and/or clinics may be conducted. Strength and conditioning is permitted.

- Social distancing guidelines must be followed
- Hands must be washed or hand sanitizer used prior to the use of any equipment
- Any equipment used including weights, balls, bats, helmets, etc. must be disinfected appropriately with use
- Tryouts are permitted (i.e. cheerleading, etc.) (Tryouts must follow OSSAA Policy)
- No shared hydrating bottles, towels, gloves, or any other personal equipment is permitted

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JULY 15, 2020

Practice may continue for fast-pitch softball, fall baseball, volleyball, cross country, cheer and non-athletics. All other activities shall stop.

Q and A:

- Question:** Can non-school secondary level teams (students in grades 7-12) participate in camps or clinics or play in leagues at member school facilities during Phase 1?
Answer: No, member school facilities may not be used for any camps, clinics or leagues for secondary level students. (students in grades 7-12)
- Question:** Are non-athletic activities included in these restrictions?
Answer: Yes, all activities are included in the restrictions.
- Question:** During phase two of the plan, can teams practice?
Answer: No, summertime practice is not permitted in any activity. EXCEPTION: fall activities may begin practice July 15.
- Question:** Does screening need to occur each day for each activity?
Answer: Yes, each person must be screened for COVID-19 prior to participation in each activity, each day during each phase of the plan.
- Question:** If a person is sent home due to a yes answer on the screening form, can that person return later in the day?
Answer: No a person sent home may not be permitted to return the same day.
- Question:** Does a participant need a physical prior to participation in phases one or two?
Answer: No, a physical is not required until the first practice of any activity for the new school year. (Fall activity participants must have a physical on file before July 15)
- Question:** Can a bandana be used as a face covering?
Answer: Yes, a mask, bandana or any cloth face covering may be used.
- Question:** Are tryouts permitted during phase one of the plan?
Answer: No, tryouts may not be conducted prior to phase two of the plan.
- Question:** Can facilities be opened during the dead period?
Answer: No, school facilities must be closed for secondary level students during the dead period.
- Question:** Can any student interested in coming to my school tryout during phase two?
Answer: No, only students enrolled or pre-enrolled in your school should be permitted to participate in any try out.

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